Urology Centre

TIME AND VOLUME CHART

* For one 24 hour period only.
* A day you will be home all day.
* Do not collect urine if you are having your bowels open.
* Drink and go to the toilet as you normally would.
* Each time you drink, record the time, amount and type of fluid.
* Each time you pass urine, record the time and amount of fluid.

Date	Time	How much you pee	Drinks you have, what it is and how much	Leaks of urine How much (eg 20c patch)